2012–13 Physical Fitness Test (PFT) Student Data File Layout Tab-Delimited

New or Changed for 2012–13

PFT Start Date (month)	Numeric	2	Valid range changed from 01 – 12 to 01 – 05, 11, or 12.

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Student Data File Layout
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Field	Type	Length	Acceptable Values[1]
County Code	Numeric	2	
School District Code	Numeric	5	
School Code	Numeric	7	
Charter Number	Alpha	4	0000 for dependent charters and school districts
Grade	Numeric	2	05, 07, or 09
Student Last Name	Alpha	11	
Student First Name	Alpha	9	
Student Middle Initial	Alpha	1	
Date of Birth (month)	Numeric	2	01 – 12
Date of Birth (day)	Numeric	2	01 – 31
Date of Birth (year)	Numeric	4	Must be a valid year, given grade of student
Gender	Alpha	1	M = Male, F = Female
Statewide Student Identifier (SSID)	Numeric	10	
Hispanic or Latino?	Alpha	1	Y = Yes, N = No
Race - Black or African American	Alpha	1	Y = Yes, Blank
Race - American Indian or Alaska Native	Alpha	1	Y = Yes, Blank

[1] Field values must fall within the ranges specified and fields with no data must be left blank.

Field	Type	Length	Acceptable Values[1]
Race - Chinese	Alpha	1	Y = Yes, Blank
Race - Japanese	Alpha	1	Y = Yes, Blank
Race - Korean	Alpha	1	Y = Yes, Blank
Race - Vietnamese	Alpha	1	Y = Yes, Blank
Race - Asian Indian	Alpha	1	Y = Yes, Blank
Race - Laotian	Alpha	1	Y = Yes, Blank
Race - Cambodian	Alpha	1	Y = Yes, Blank
Race - Hmong	Alpha	1	Y = Yes, Blank
Race - Other Asian	Alpha	1	Y = Yes, Blank
Race - Filipino	Alpha	1	Y = Yes, Blank
Race - Native Hawaiian	Alpha	1	Y = Yes, Blank
Race - Guamanian	Alpha	1	Y = Yes, Blank
Race - Samoan	Alpha	1	Y = Yes, Blank
Race - Tahitian	Alpha	1	Y = Yes, Blank
Race - Other Pacific Islander	Alpha	1	Y = Yes, Blank
Race - White	Alpha	1	Y = Yes, Blank

[1] Field values must fall within the ranges specified and fields with no data must be left blank.

Field	Type	Length	Acceptable Values[1]
Parent/Guardian Highest Educational Level	Alpha	2	10 – 15 or Blank 10 = Graduate school/post graduate training 11 = College graduate 12 = Some college (include AA degree) 13 = High school graduate 14 = Not a high school graduate 15 = Declined to state or unknown
NSLP (National School Lunch Program – identified as eligible)	Alpha	1	Y = Yes, N = No, Blank
PFT Start Date (month)	Numeric	2	01 – 05, 11, or 12
PFT Start Date (day)	Numeric	2	01 – 31
PFT Start Date (year)	Numeric	4	Must be a valid year
Participation Level[2]	Numeric	1	1, 2, or 3 1 = Complete – Student participated in all six fitness areas 2 = Partial – Student participated in one, two, three, four, or five fitness areas 3 = None – Student did not participate in any fitness area

[1] Field values must fall within the ranges specified and fields with no data must be left blank.
[2] Students with insufficient data in a fitness area (e.g., weight or missing Shoulder Stretch Left) are considered as participating in the fitness area.

Field	Type	Length	Acceptable Values[1]
Reason for Participation Level	Numeric	1	1, 2, 3, 4, or Blank 1 = Absent on test date and make-up sessions 2 = Individualized education program (IEP)/Section 504 plan/Disabilities 3 = Extraordinary circumstances (e.g., temporary school closure, etc.) 4 = Medical excuse (e.g., temporary illness, injury, doctor's note, etc.) Blank = Only for students with a 1 on Participation Level
Height and weight fields must be completed for every student because Aerobic Capacity VO_2max cannot be calculated without height and weight.			
Height (feet)	Numeric	2	03 – 07, Blank
Height (inches)	Numeric	2	00 – 11, Blank
Weight (pounds)	Numeric	3	030 – 400, Blank

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[1] Field values must fall within the ranges specified and fields with no data must be left blank.

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Field	Type	Length	Acceptable Values[1]
Aerobic Capacity (Note: Height and weight fields must be completed for every student because Aerobic Capacity VO$_2$max cannot be calculated without height and weight.)			
One-Mile Run[2] (minutes)	Numeric	2	03 – 59, Blank
One-Mile Run[2] (seconds)	Numeric	2	00 – 59, Blank
20m PACER[3,4] (# laps)	Numeric	3	001 – 190, Blank
Walk Test[2] (minutes)	Numeric	2	03 – 59, Blank
Walk Test[2] (seconds)	Numeric	2	00 – 59, Blank
Heart Rate (# beats per minute)	Numeric	3	030 – 250, Blank
Body Composition (Note: Height and weight fields must be completed for every student to calculate Aerobic Capacity VO$_2$max. This data will also be used to calculate Body Mass Index.)			
Skinfold Measurements Triceps (millimeters)	Numeric	2	01 – 40, Blank
Skinfold Measurements Calf (millimeters)	Numeric	2	01 – 40, Blank

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[1] Field values must fall within the ranges specified and fields with no data must be left blank.

[2] For the Mile Run and Walk Test, 59 minutes and 59 seconds must only be used to indicate students who attempted the test but did not complete it.

[3] If the15m PACER was administered, the 15m PACER scores must be converted to 20m PACER scores when reporting to the California Department of Education.

[4] A student is allowed two form breaks with the first form break counting as a lap. A student who commits two form breaks immediately after the start of the test should receive a score of 1.

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Field	Type	Length	Acceptable Values[1]
Bioelectric Impedance Analyzer (percent body fat)	Numeric	4	00.1 – 99.9, Blank
Muscular Strength, Endurance, and Flexibility This area includes four test areas: abdominal strength and endurance; trunk extensor strength and flexibility; upper body strength and endurance; and flexibility.			
Abdominal Strength Curl-Up[2] (# completed)	Numeric	2	01 – 75 (Max = 75), Blank
Trunk Extensor Strength Trunk Lift (# inches)	Numeric	2	00 – 12 (Max = 12), Blank
Upper Body Strength			
Push-Up[2] (# completed)	Numeric	2	01 – 75 (Max = 75), Blank
Modified Pull-Up[2] (# completed)	Numeric	2	01 – 75 (Max = 75), Blank
Flexed-Arm Hang (# of seconds)	Numeric	2	00 – 90 (Max = 90), Blank

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[1] Field values must fall within the ranges specified and fields with no data must be left blank.

[2] A student is allowed two form breaks with the first form break counting as a repetition. A student who commits two form breaks immediately after the start of the test should receive a score of 1.

Field	Type	Length	Acceptable Values[1]
Flexibility			
Sit and Reach - Left (# of inches)	Numeric	2	00 – 12 (Max = 12), Blank
Sit and Reach - Right (# of inches)	Numeric	2	00 – 12 (Max = 12), Blank
Shoulder Stretch - Left	Alpha	1	Y = Yes, N = No, Blank
Shoulder Stretch - Right	Alpha	1	Y = Yes, N = No, Blank

[1] Field values must fall within the ranges specified and fields with no data must be left blank.